



STALKING

Safeguarding@weymouth.ac.uk

What is stalking?

You are being stalked when a person repeatedly watches, follows or harasses you, making you feel afraid or unsafe. A stalker can be someone you know, a past boyfriend, girlfriend, or a stranger. Stalkers may:

- Show up at your home or place of work unannounced or uninvited.
- Send you unwanted text messages, letters, emails and voicemails.
- Leave unwanted items, gifts or flowers.
- Constantly call you and hang up.
- Use social networking sites and technology to track you.
- Spread rumours about you via the internet or word of mouth.
- Make unwanted phone calls to you.
- Call your place of study or work or wait for you outside.
- Damage your home, car or other property.

How to get help

Speak to any member of staff or email your concerns to the college's Safeguarding Team at safeguarding@weymouth.ac.uk

Other support

nspcc.org.uk 0808 800 5000

Child Line 0800 1111 (24 hours)