



# EMOTIONAL ABUSE

[Safeguarding@weymouth.ac.uk](mailto:Safeguarding@weymouth.ac.uk)

## What is emotional abuse?

Emotional abuse is the on-going emotional maltreatment or emotional neglect of a young person. It has sometimes called psychological abuse and can seriously damage a young person's emotional health and development. Emotional abuse can involve deliberately trying to scare or humiliate a young person or isolating or ignoring them. Young people who are emotionally abused are usually suffering another type of abuse or neglect at the same time – but this is not always the case.

## How to get help

Speak to any member of staff or email your concerns to the college's Safeguarding Team at [Safeguarding@weymouth.ac.uk](mailto:Safeguarding@weymouth.ac.uk)

## Other support

[nspcc.org.uk](http://nspcc.org.uk) 0808 800 5000

ChildLine 0800 1111 (24 hours)

Weymouth and  
Kingston Maurward  
College

