



# COERCIVE CONTROL

[Safeguarding@weymouth.ac.uk](mailto:Safeguarding@weymouth.ac.uk)

## What is coercive control?

Coercive control is when a person with whom you are personally connected, repeatedly behaves in a way, which makes you feel controlled, dependent, isolated or scared.

The following types of behaviour are common examples of coercive control:

- Isolating you from your friends and family
- Controlling how much money you have and how you spend it
- Monitoring your activities and your movements
- Repeatedly putting you down, calling you names or telling you that you are worthless
- Threatening to harm or kill you or your child
- Threatening to publish information about you or to report you to the police or the authorities
- Damaging your property or household goods
- Forcing you to take part in criminal activity or child abuse

## How to get help

Speak to any member of staff or email your concerns to college's Safeguarding Team at [Safeguarding@weymouth.ac.uk](mailto:Safeguarding@weymouth.ac.uk)

## Other Support

[nspcc.org.uk](http://nspcc.org.uk) 0808 800 5000

ChildLine 0800 1111 (24 hours)

Weymouth and  
Kingston Maurward  
College

