



COERCIVE CONTROL

Safeguarding@weymouth.ac.uk

What is coercive control?

Coercive control is when a person with whom you are personally connected, repeatedly behaves in a way, which makes you feel controlled, dependent, isolated or scared.

The following types of behaviour are common examples of coercive control:

- Isolating you from your friends and family
- Controlling how much money you have and how you spend it
- Monitoring your activities and your movements
- Repeatedly putting you down, calling you names or telling you that you are worthless
- Threatening to harm or kill you or your child
- Threatening to publish information about you or to report you to the police or the authorities
- Damaging your property or household goods
- Forcing you to take part in criminal activity or child abuse

How to get help

Speak to any member of staff or email your concerns to college's Safeguarding Team at Safeguarding@weymouth.ac.uk

Other Support

nspcc.org.uk 0808 800 5000

ChildLine 0800 1111 (24 hours)

