



BULLYING

Safeguarding@weymouth.ac.uk

What is bullying?

Bullying is unwanted, aggressive behaviour that involves a real or perceived power imbalance. The behaviour is repeated, or has the potential to be repeated, over time. Bullying includes actions such as making threats, spreading rumours, attacking someone physically or verbally, and excluding someone from a group on purpose. Bullying that happens online, using social networks and mobile phones, is often called cyber-bullying. Young people can feel like there is no escape because it can happen at any time of day or night.

How to get help

Speak to any member of staff or email your concerns to the college's Safeguarding Team at Safeguarding@weymouth.ac.uk

Other support

nationalbullyinghelpline.co.uk 0845 2255 787

nspcc.org.uk 0808 800 5000

Child Line 0800 1111 (24 hours)

